

How to adjust the RK-Whisper pedal tension



Tools Required:

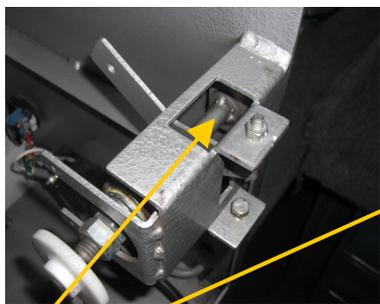
WD-40

RK-Whisper tool

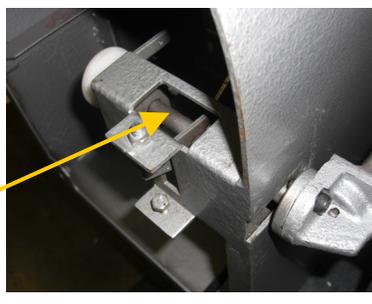
M-19 Wrench



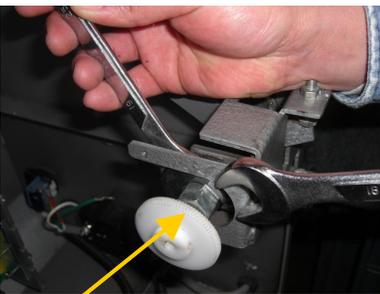
Remove the four feet off of the bottom of the wheel and remove the metal cover.



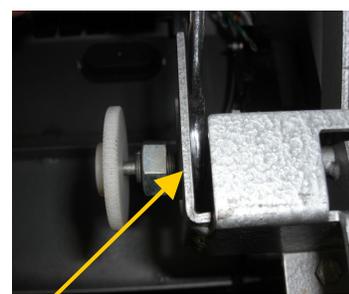
Use the WD-40 to spray the two spots where metal touches each other.



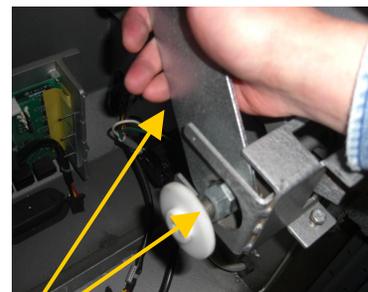
Move the pedal or lever up and down to ensure parts are fully lubricated with the WD-40



Loosen the first bolt (double nut)



Then loosen the second bolt to adjust the lever to make heavier or lighter tension.



Once you have set the tension, place the wrench to secure the bolt to the right and hold it there while tightening the bolt to the left in an upward motion.